

32nd ANNUAL WINTER MARTIAL ARTS SPIRIT CAMP

Saturday Schedule of Classes

TIME	CLASS	INSTRUCTOR
9:00 AM to 10:15 AM	Knife/Empty Hand Flow Drill	Gurganus
	Karate-Jutsu: Blocks for Striking, Locking & Takedowns	Price
	Saifa Kata & Bunkai	Oviatt
	TactBo/Kubotan Hardcore Self-Defense	Myers
10:15 AM to 11:30 AM	Hidden Concepts of Tensho Kata	Boyette
	Fight from the Ground Up	Pilch
	Nakazato no Eku	Hobson
11:30 PM to 12:45 PM	Entering methods into Strikes & Joint Destructions	Price
	Firearm Disarms	Myers
	One Principle / Many Variations	Gurganus
	Escrima: Pick up a Not-So-Big Stick	Oviatt
12:45 to 2:00	Lunch	Sandwiches Provided for Campers
2:00 PM to 3:15 PM	Naifanchin / Pinan Bunkai	Hobson
	Chin-Na: Joint locks, arm bars, finger locks, neck control	Price
	Kanegawa no Nichougama (Kama Kata)	Gurganus
	Hanbo Applications	Oviatt
3:15 PM to 4:30 PM	Training Gung Fu Skills	Boyette
	Tawada no Sai	Hobson
	Using Falls & Rolls in Self-Defense	Pilch
4:30 PM to 5:30 PM	Jockey's Ridge	
5:30 PM to 8:00 PM	DINNER	
8:00 PM to 9:15 PM	Sword	Gurganus/Myers
	Combat Jiu Jitsu	Pilch
9:15 PM to 12:00 PM	Warrior Society Activities	Pool